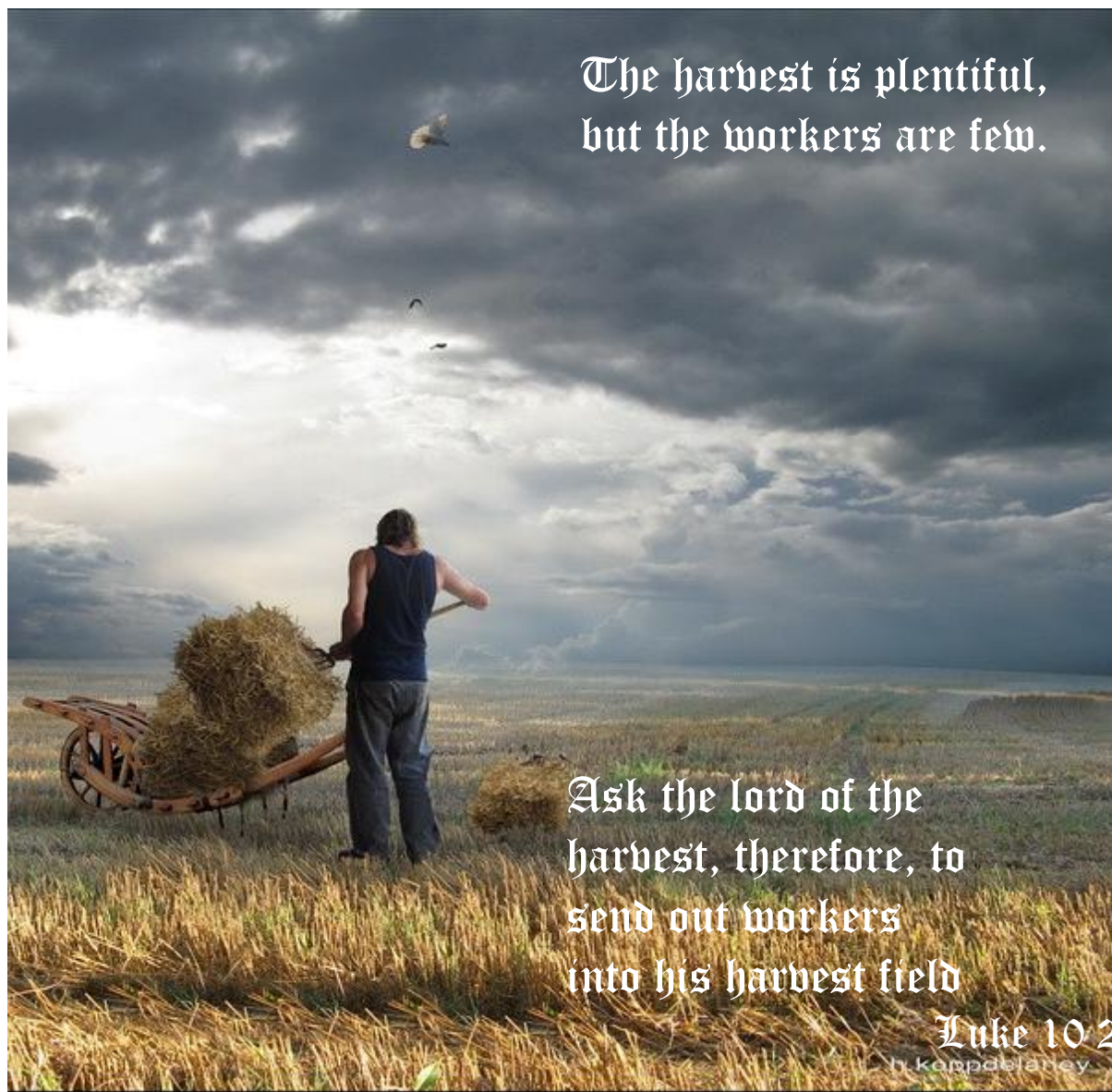


Roath News



MICHAELMAS / HARVEST 2019

Free but donations always welcome

THE PARISH OF ROATH, CARDIFF

The Vicar:	Canon Stewart Lisk Tel: 20487854; 07794157604 email: stewartlisk@live.co.uk
NSM Assistant Curate	The Reverend Ruth Coombs
Reader:	Mr Geoff Smith Tel: 20499498.
Parish Wardens:	Parish Vicar's Warden Mr Robert Hyett Tel: 20471247 Parish People's Warden Mrs Gill Day
Parish Treasurer:	Mr Jim Bendon Tel: 20482082
PCC Minutes Secretary:	Mrs Anita White Tel 02920 491340
Roath Church House bookings	RCH Booking Secretary Mrs Anna Mason Tel: 07720641653
Parish Website:	www.roath.org.uk

The Clergy are always available to minister to the sick and dying. Please inform the clergy of sickness. Holy Communion may be received at home by those who are unable to come to church.

*The Parish Surgery is open on Mondays (except Bank Holidays) between 6.00.p.m. and 7.00.p.m. in Roath Church House to arrange **Baptisms and Weddings**. (Contact no. 20487854).*

Confessions and the Sacrament of Healing by arrangement.

Copy date for the next magazine (Remembrance / Advent) is 21st October

From the Vicar of Roath, the Reverend Canon Stewart Lisk

My dear Friends,

Welcome to our Harvest edition of the *Roath News*. On our Harvest Sunday our services will be ringing to the popular traditional Harvest Thanksgiving hymns. There will again be a special evening service of readings and music for Harvest at 7.00 pm at St Edward's. Many of the hymns refer to a world picture which is very different from our present day experience. Few reading this will work on the land or on farms. Those who do will report a picture of agricultural life which in many ways has been developed by modern methods, technology and science. Improvements in food production and animal welfare have changed the life of our farmers and given them new challenges and demands.

Nevertheless Harvest Thanksgiving is an important message to have year by year as we thank God for the food we have, for those who help provide that food and bring it to us. It is also another opportunity to give as we gather dried and tinned goods to distribute to the homeless hostels and foodbanks. Many I know also respond to the Harvest appeals of charities like Christian Aid and U.S.P.G. which help farmers in developing countries make the most of the opportunities they have to produce food for their people.

There may be another aspect to Harvest for those of us not directly involved in agriculture. If we do not produce food ourselves, we might ask ourselves what do we make or contribute to our society. Each and every one of us have been given gifts and talents with which to serve our fellow human beings. Some care for the young or the elderly or sick. Others work with their hands and have the

ability to work with machines and in factories. Some people are expert at new technology; others are involved in business, commerce and our shops and stores. We have teachers, lecturers, social workers, health service staff, firefighters and police officers in our congregation and parish. Many are involved in administration and public service in myriad ways. The list could go on and on.

Perhaps we can use Harvest time to thank God for the skills, abilities and experience we all have to share with each other. We should be grateful for what we are able to do. Sometimes our work might seem boring and repetitive but as the hymn writer and poet George Herbert reminds us whatever we do for God's sake can be sanctified and special:

“A servant with this clause
Makes drudgery divine;
Who sweeps a room, as for thy laws,
Makes that and the action fine.”

As we enjoy and celebrate Harvest Thanksgiving maybe this year we can widen our thoughts to embrace much more as we sing:

“All good gifts around us
Are sent from heaven above;
Then thank the Lord, O thank the Lord,
For all his love.”

With every good wish and blessing

A handwritten signature in black ink, appearing to be 'Stuart' or similar, written in a cursive style.

ST EDWARDS NOTES MICHAELMAS 2019

WEDDING CONGRATULATIONS

to Alex and Kari (Dando), who were married on 1st August in Romford, a Nigerian ceremony, and again on August 10th in Chelmsford.

to Rachel & Richard (Hosgood) whose wedding took place at St Brynachs Church Nevern on August 14th.

We wish them all happiness as they start married life together, and remember them and their families in our prayers.

VISITORS we often welcome visitors to St Edwards and were delighted recently to meet Veronica, sister to Meg, who was over from Massachusetts. Veronica used to worship at St Edward's before she moved to America.

WELL DONE to those who have had results in exams of any kind, especially to our young people and those who passed GCSE's, AS and A Levels. As the new terms start, we wish them all luck for the next stage of their studies.

THANK YOU's were expressed by the Vicar at the last committee meeting to Ann James for her work as secretary in recent years, and to Tony Mansell who has cut the church grass regularly for the last 20+ years, making sure the grounds were tidy particularly on any special occasions.

Thank you, on behalf of us all.

ST EDWARD'S MUSIC & ARTS FESTIVAL. 6-20 Oct.

12 Oct. 7.30pm. Mozart Concert.

16 Oct. 7.45pm. Cardiff & Vale Symphonic Brass.

19 Oct. 11am. Coffee Concert: Chris Roberts (guitar). 19 Oct. 7.30pm. Leonardo Da Vinci Music Project.

20 Oct. 3pm. Jubal's Lyre: Acis and Galatea (Handel).

MEMORY WALK 5th October 2019. Sue Mansell (& others) are walking for the Alzheimer's Society again this year, for all who are affected and their carers. Alan Morgan, who sang in the St Edward's

boys choir in the 1950/60s, died this year after a period in hospital diagnosed with Posterior Cortical Atrophy. Any sponsorship for Sue will be matched, up to £1000, by Barclays Bank Plc. Donate online <http://www.justgiving.com/fundraising/mw462445> or speak to Sue.

SAYING GOODBYE to Philippa, a regular at evensong when her health allowed. Her funeral took place on Friday 2nd August, and we were privileged to hear about her many achievements, and share some moments with her family. May she rest in peace and rise in heaven in glory.

EVENSONG yesterday (1st Sept) there were 31 people in the congregation at evensong, a very respectable number for an evensong anywhere these days. We're discussing the timing of evensong at committee over the coming months, if you have a view please speak to any member of the committee.

RADIO MUST HEAR on Radio Four Three Vicars Talking, Revs Kate Bottley, Giles Fraser and Richard Coles talk about, birth, marriage, and other topics...currently broadcast on Tuesdays at 11.00am.





NEWS FROM THE LYCHGATE

Glancing through the “Spectator” (as one does). I came across an accountant of a service in St James’ Church Piccadilly for people and their pets. It’s an Annual Animal Blessing. It had been advertised as a service for all animals and the programme featured a dog, a cat, a rabbit, a goldfish, a cockatoo, a hamster, a snake and a ferret.

In the event only people and dogs turned up! The Rev Lindsay Meader took the service outside in a courtyard. The writer of the article, Melissa Kite, took her two spaniel puppies. She says “it was a sort of eco-service bordering on vegetarian in places with a nod to animal rights, but the words were beautiful. They concentrated on the partnership between pets and their owners. The Reverend later blessed each dog with the words, “Poppy (name of dog) may God bless and protect you and may you and your human enjoy life together and find joy in the love of God who created you, Amen.” (And, no this is not a plea for the vicar to put on a similar service. It’s just out of interest.)

Which brings me neatly to Anna’s Fair at the beginning of August for Anna’s Rescue Centre which raised a whopping £1600. Well done everyone.

Other fund raising has been led by the indefatigable Ladies Circle, who put in a quiz which raised £400. The questions had been set by Sally and Stephen, who are of course our couple of the moment!. A Clothes Swop evening also went very well, raising another £100. Then most recently Ladies Circle had a

lovely day at the clay pigeon shooting range. This was courtesy of Margaret and Mike Amodeo, and raised a further £362 for the chosen charities for this year, the Air Ambulance and SANDS. Well done, Ladies.

We hope everyone has had some rest and recreation this holiday. We send congratulations and good wishes to everyone involved this year in external exams which brings us to the time of year when life resumes its routine service. All of us have been to school (well mostly!) and some of us have been teachers. Now it all starts again, new teachers, new classes, new books. It's an exciting time and we ask God's blessing on all who are going back to school, to learn or to teach, and those going on to university.

Which brings me neatly again to Sunday School which is of course, admirably planned in good time by Karen Lisk and her team of helpers. This term they are looking at Jesus in his various manifestations, Prince of Peace, King of Kings, the Bread of Life, the Good Shepherd and "what a friend we have in Jesus". The children will join the congregation for Harvest Festival on October 6th. We look forward to seeing and hearing what the children have to show us.

Congratulations to Geraldine Shapcott late writer of Notes from the Lychgate who turned 80 in August. Happy Birthday and love from us all.

We have missed Helena Hyett from her place in the congregation. She has had a difficult and painful time, but is coming through it and we look forward to seeing her amongst us soon, indeed before this magazine is published.

Gill Day has found an interesting piece of paper in an old Bible which she would like to share with us. The Bible is small,

leather bound with a brass clasp. Inside is an inscription to Emma Whatley for attendance and good conduct in the Sunday school, and dated 1877. Included is a paper with the initials E.W. (Emma?) giving some facts and figures about the Bible? Did you know that the Bible contains 3,566,480 letters, 810,697 words, 31,173 verses, 1189 chapters and 66 books? All this is written in lovely handwriting by the long ago Emma. More next time.

Greeting and love from your fellow parishioners to everyone who is too ill or infirm or immobile to join us in regular service. Especially these have lately been enhanced by the presence of our new Curate, Ruth Coombs. It has been a pleasure to have her among us, to help the vicar in the services, and to give thought provoking sermons. We hope that she is settling down and beginning to feel more at home. It must be very difficult at first. But we are delighted to have her among us, and she is very welcome.

Sally has nothing to report other than that herself, John Tattersall and Bob Hyett in August were all licensed to assist in the administration of the chalice together with Anna, Ros and others. We wish them all the best of luck and are sure that they will all do a stellar job. Well done to Sally, John and Bob.

This is all for now.



Harvest Blessings to each & everyone of you
Julia & Sally



Thank you to everyone who came along to our Centenary Museum and Tea Party in June



Please join us as we continue to Celebrate 100 years of the 19th Cardiff Scout Group

We would like to invite you to our next events
Centenary Songs of Praise Sunday 20th October 15:00 to 16:00

Free Entry

St Margaret's Church, Waterloo Rd, Cardiff CF23 5AD

Christmas Carol Service Monday 16th December 18:00 to 19:00

Free Entry

St Margaret's Church, Waterloo Rd, Cardiff CF23 5AD



Someone asked, how do I spend my time,
Watching T.V, they suggested,
How wrong they are, in thinking that.
Maybe, they only jest-ed!!!

I hope to think my days are filled
With love and hope and peace.
None of this, found on T.V.
Just anger, hate & sleaze.

Reading, has no pleasure now,
My concentration lapses.
Music soothes the troubled soul,
With favourite songs and 'snatches'

In Summer I've my garden,
The birds to watch, in flight.
The butterflies & creeping things,
The pipistrelles at night.

Winter is the hardest time,
When cold winds chill the air.
No blue skies to comfort me,
The darkness - hard to bear.

So, no, I don't just sit and watch T.V.
The shouting, anger, greed.
I marvel at Creation,
And, He, who supplies our needs.

Hazel Williams Summer 2019

Sermon Luke 10 vv 1 – 11 and 16 – 20

Geoff Smith 7th July 2019

The gospel reading this morning (7th July 2019) is about Jesus sending off 70 of His followers two by two with His instructions on what He wants them to do, and what not to do, and then when they come back asking them how they got on. For some reason the idea of being sent off in pairs like this reminds me of when my mother used to send me off to school with a friend who lived nearby with my instructions about what I should do and not do on the day. Off we would go, the two of us, satchels on our back, dinner money in our pockets, money better spent I always felt in the tuck shop on bars of chocolate, they didn't call me the Milky Bar Kid at school for nothing and in those days it wasn't the glasses as I didn't need to wear them. And then the questions when you got home about how the day went, what we had done, what did you have for lunch and the most awkward one why are you still so hungry

But what is happening in today's gospel reading is something infinitely more significant than being sent off to school. Jesus is sending His followers out to preach His kingdom and His message, expecting them to rely entirely on Him for the things they will need. He gives them His power and they return with great joy, amazed at what they have been able to do in His name, they had done what He commanded and with great success.

What strikes me from the reading is admiration for how those disciples must have gone about their work, what they experienced, like danger, adventure, sacrifice, loss of home comforts, for a while anyway, as well no doubt as having to display pure boldness and confidence. People would try to frustrate them in their work. They were to travel light and rely on any hospitality given to them. Their message a simple one - that the kingdom of God has arrived, the signs of it being the mighty works that Jesus had done and that they would do in

His name. And back they come from their travels with an overwhelming sense of joy, confidence and achievement.

But how can these actions by the disciples be an example to us as we set out in our Christian lives 2,000 years later?

Us going off with no purse, no money, no footwear? But what Jesus said to the disciples can be applied us today. Like them we should not be cluttered up with material things, but travel light so to speak, not aspiring to more than we need. The challenge of unbelief is certainly still there today. The Christian message isn't understood by everyone. And what a strong challenge it is - the harvest is still great (the world out there) and the labourers (like us) are few. There was a real sense of urgency then, as now, that the Christian message needs to be brought to the world. Like them we must be prepared for the opposition - indeed if we are not opposed then we're probably not saying anything worth saying anyway.

Jesus sent out His disciples in a variety of roles, meeting people, sometimes house meetings, sometimes personal conversation. But crucially He required more from His disciples then, and more from us now, than pure evangelism. He required them to heal the sick as well as to preach. So the important lesson from this is that Jesus always calls us to a practical response when working in the world. It is not enough just to evangelise and teach: as Christians we are called to do whatever else we can to help make the lives of others better.

And there are some other lessons from this reading for us in our mission today. Jesus tells His disciples to leave a town which does not welcome them. The lesson here for our current work is that sometimes we carry on doing things just because we have always done them, we should always be asking if we are using the resources God has given us in the best possible ways, if we're not then we, like the disciples leaving the towns, should leave those things move on to something else instead. Don't waste time doing things which are getting us nowhere, not likely to bear us fruit.

And, not quite so dramatically as lambs going out amongst wolves, or literally facing snakes and scorpions, we go out against the background of the consequences of human nature that are displayed in the world today. Our mission, both spiritual and practical, as Christian disciples can still shine out against that dark background. In ways that may be dramatic and far-reaching, or in ways not so dramatic but more personal. So the experience of Jesus' followers all those years ago is still relevant to us today.

Going forward as disciples today is really as if we are citizens of two countries. We are Citizens of this UK or whatever country in the world but citizens also of God's Kingdom, almost like having two passports. And God's Kingdom is very different to any earthly one. As its citizens we share our wealth with those who need, we welcome all who want to share in its citizenship, we pray for the good of our enemies, we seek to be peacemakers and we sorrow over violence and war.

One recent example of where Christians have tried to bring peace and end violence and war was in April this year. It has not been too widely publicised. It was a bold joint initiative between Justin Welby, Archbishop of Canterbury and Pope Francis to hold a spiritual retreat in Vatican City for the leaders of two previously warring factions in South Sudan, where a peace agreement was signed in 2018 following a terrible civil war. The purpose of the retreat was simply to call for the shaky peace between the previously warring factions to continue, and for their representatives to reflect and pray for the future of their country in a spirit of reconciliation. Christ's followers united in action to really change the lot for one small country. If only this could be the first of many.

And there have been infinite numbers of examples of Christians down the centuries who had even put themselves at great personal risk to help others in times of war and persecution. And transformed the lives of some of those around them. Our witness today is not likely to be so dramatic. Sharing

our faith is likely to be through everyday relationships, conversations, inviting friends to church living the gospel graciously and generously, in service to others where we can.

Showing Christ's love for others through our compassion. Through the message of the cross giving comfort and understanding, changing what may seem unbearable into something bearable. Sharing the news about Jesus' resurrection can reverse the feelings of pain and despair which are so often the case in the world in which we live.

We probably won't come back from our days' discipleship with the achievement of miracles, or of continuing peace deals in previous warring countries, or with stories of bravery in situations of war and conflict. But that does not stop us from witnessing about our Christian faith. And if we are to get anything like the response from the world around us, and the feeling of triumph ourselves, that the early disciples got, and if we are truly trying to bring that Kingdom of God to our world, then our mission to that world needs to be the same practical evangelism and demonstration of Christ's love as theirs. That way we too will share the same joy as the early disciples.

CHURCH 'CRAWLERS' INFORMATION

www.explorechurches.org

<https://www.visitwales.com/inspire-me/holidays/faith-tourism/special-sacred-places-visit-south-wales>

<https://churchheritagecymru.org.uk/churches>

www.discovershropshirechurches.co.uk

www.exploringnorfolkchurches.org

<https://www.churchexplorers.co.uk/>

www.eychurches.org.uk

www.nottsopenchurches.org.uk

If you have a favourite church to visit or website to recommend
please advise the editors

HOLIDAY NEWS

This year the Three Choirs Festival was held in Gloucester, and one of the non-musical events we attended was a talk given by Dr Rosie Perkins on Singing for Mental Health. The talk was introduced by James Gilchrist, a tenor who before turning to a full-time music career in 1996, trained as a Doctor. He supports a charity, Mindsong <https://www.mindsong.org.uk/> bringing music therapy to people with Dementia in Gloucestershire.

Rosie introduced the audience to her research on the links between music and mental health and shared the fact that 1 in 4 people suffer psychological distress every year.

She showed a short video from the Welsh charity Tenovus and a project they call sing with us

<http://www.tenovuscancercare.org.uk/singwithus> they have choirs all over Wales.

It was a fascinating talk, and reminded me of our own forget-me-not group, and the joy many of those attending, both cared for and carers, take in the regular musical activities organised by Kathie.

Music festivals abound in the summer, and our forget-me-not group meets every Tuesday, if you need cheering up, why not try singing, the evidence is there that it can do us good.

Sue Mansell St Edward's



‘I Like My Bike.’ - Dylan Thomas

SpiritCymru TM Unique cycle touring journeys and destinations through the small special and beautiful of Wales, staying in comfort within remote historic church and chapel buildings with beautifully designed accommodation and services built for cycling.

There are over 800 small chapels and churches in rural west wales and many face an uncertain future. These are places of unique community and cultural significance, built to serve small communities and to nourish their spiritual life. These buildings have a spare simple beauty, and are often located in beautiful pristine landscapes. SpiritCymru is a chain of unique cyclists accommodation giving these buildings a new life. Fforest will maintain the unique structure, fabric and spiritual essence of these places whilst providing simple stylish overnight accommodation and services built for cycling. Guests will enjoy a window to the history of these small communities and a true experience of 'sense of place'.



Fforest have woven together, journeys, adventure and heritage to create a truly distinctive touring experience for groups, families or lone adventurers. SpiritCymru will celebrate and promote the heritage values of these beautiful buildings and

provide a new sustainable model for continued community engagement and use.



Lord Elis-Thomas, Minister for Culture, Sport and Tourism visited Fforest on the morning of January 7th 2019 to do a wrap up of 2018 tourism successes, where he announced 'The Year of Discovery' for 2019, of which the SpiritCymru project will be a central feature. In partnership with The Church in Wales the project is partially funded by the Welsh Government. The first tours will be available to book Q4 2019 for stays from Q2 2020.

<https://press.coldatnight.co.uk/spiritcymru>

**SUNDAY AND WEEK-DAY WORSHIP
IN THE PARISH OF ROATH**

(For Holy Day Celebrations see Weekly Newsletter)

**ST. MARGARET'S CHURCH WATERLOO
ROAD**

**Sun: 8.00 am Holy Eucharist
9.30 am Sung Eucharist
9.30 am Sunday School R.C. House
(every Sunday during school terms)**

Wed: 9.30 am Holy Eucharist

ST. EDWARD'S CHURCH BLENHEIM ROAD

**Sun: 11.00 am Sung Eucharist & Sunday School
7.00 pm Choral Evensong
Wed: 10.15 am Holy Eucharist**

**Conventional District of Tremorfa
ST PHILIP'S COMMUNITY CHURCH
TWEEDSMUIR ROAD**

**Sun: 9.30 am Family Communion
Tues: 3.15 pm 'Messy Church' (in term-time)**

**Copy date for the next magazine (Remembrance / Advent) is
Monday 21st October**

Please send hard-copy (typed, hand-written or cut-out) to the Parish Office; email contributions to:
Sue Mansell, smmansell@icloud.com
or Gwynn Ellis, rgellis@ntlworld.com, (preferably using Arial font 12)



Michaelmas daisies, although found growing wild in Britain, are native to North America and are so named because they are some of the few plants that reach peak bloom around the religious festival of Michaelmas on Sept 29. Thus providing a bountiful harvest of pollen and nectar for many autumnal insects.

**Articles in this magazine reflect the views of their authors,
and not necessarily those of the editors, or the official
teachings of the Church.**